

Table 1: Kyu Grading Requirements (March 2021)

Grade	Wearing	Exercises to be performed¹	Assessment Points
6th kyu	Kendogi, hakama, tare, doh	<ul style="list-style-type: none"> • Ashi-sabaki • Suburi • Demonstrating against Motodachi: Kihon waza: men, kote, doh 	<ul style="list-style-type: none"> - Chakuso (outfit/appearance)/Reiho - Kiai/Large size and correct strikes - Zanshin
5th kyu	Kendogi, hakama, tare, doh	<ul style="list-style-type: none"> • Ashi-sabaki • Suburi • Demonstrating against Motodachi: Kihon-waza: men, kote, doh • Kiri-kaeshi 	<ul style="list-style-type: none"> - Chakuso (outfit/appearance)/Reiho - Kiai/All strikes including Kirikaeshi to be correct and large size - Zanshin
4th kyu	Kendogi, hakama, full kendogu	<p>Candidates demonstrating against each other:</p> <ul style="list-style-type: none"> • Kihon-waza: men, kote, doh • Nidan-waza: kote-men, kote-doh, men-doh • Kiri-kaeshi • Kiri-kaeshi as kakarite and as motodachi • Uchi-komi geiko as kakarite and as motodachi 	<ul style="list-style-type: none"> - Chakuso (outfit/appearance)/Reiho/Kiai - Large size strikes - All strikes including Kirikaeshi should be correct and struck from adequate distance - Accuracy of strikes - Zanshin
3rd kyu	Kendogi hakama, full kendogu	<p>Candidates demonstrating against each other:</p> <ul style="list-style-type: none"> • Kihon-waza: men, kote, doh • Nidan-waza: kote-men, kote-doh, men-doh • Sandan-waza: kote-men-doh • Kiri-kaeshi as kakarite and as Motodachi • Uchi-komi geiko as kakarite and as Motodachi 	<ul style="list-style-type: none"> - Chakuso (outfit/appearance)/Reiho/Ki, Ken, Tai, coordination with Fumikomi - Strike with a good posture not losing the body balance - Accuracy of strikes - Zanshin

¹ For 3rd kyu to 1st kyu, Bokuto Ni Yoru Kendo Kihon Waza Keiko Ho is now included as one of the exercise items. AKR Manual of Documents Section 2, Kendo Board, Effective Oct 2019.

2nd kyu	Kendogi hakama, full kendogu	<ul style="list-style-type: none"> • Kiri-kaeshi as kakarite and as Motodachi • Uchi-komi geiko as kakarite and as Motodachi • Jitsugi (30/40 seconds from ritsurei, 2 sessions) 	<ul style="list-style-type: none"> - Chakuso (outfit appearance)/Reiho/Ki, Ken, Tai, coordination with Fumikomi - Cuts satisfying the conditions of Yuuko Datotsu as per Article 12 of International Kendo Federation (FIK) Shiai and Shipan Rules.
1st kyu	Kendogi hakama, full Kendogu	<ul style="list-style-type: none"> • Kiri-kaeshi as Kakarite and as Motodachi • Jitsugi (30/40 seconds from ritsurei, 2 sessions) • Nihon Kendo Kata 1-3 	<ul style="list-style-type: none"> - Chakuso (outfit appearance)/Reiho/Ki, Ken, Tai, coordination with Fumikomi - Cuts satisfying the conditions of Yuuko Datotsu as per Article 12 of International Kendo Federation (FIK) Shiai and Shipan Rules. - Accuracy in executing Kata